

'intheknow'

education + networking sessions

ABBOTSFORD

FOUNDRY ABBOTSFORD



'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to www.familysmart.ca/in-the-know



'in the know' webinars and guest speaker presentations are free of charge.

all are welcome!

Foundry Abbotsford – Meeting Space A
#101 – 32555 Simon Avenue, Abbotsford

"Say - Don't Say: What youth with mental health challenges really want from their parents and caring adults"

In this webinar, Andrea Vukobrat will share vital lessons from her own lived experience of mental health challenges and from her experience working with youth across the province about what youth really want and need from the caring adults in their lives.

Tuesday, November 27, 2018
6:30pm – 8:30pm

Please RSVP by phone or email to:
kate.macknee@familysmart.ca / 604.878.3400