

‘intheknow’

information + support

Video Gaming, Social Media Misuse and other Digital Addictions

By briefly presenting the assessment, treatment, and prevention of problem video gaming, social media misuse, and other related digital addictions among 8 to 25 year-olds, this presentation discusses the impact of our technophilic culture on child development, more precisely brain development. Insight on how we can minimize the negative impact our technophilic culture can have on infants, children and adolescents, as well as managing and understanding assistive technologies in education, will be discussed.

Tuesday, January 15, 2019
6:00pm – 7:30pm

Lake Trail Middle School
805 Willemar Ave
Courtenay, BC V9N 3M1

FREE OF CHARGE

To secure your spot please RSVP by phone or email to:

wendy.safruk@familysmart.ca

604.878.3400 / 1.855.887.8004



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth. The in person viewing also provides an opportunity for supported conversations between families and/or service providers.

Participating can happen either in person at various community sites or online at:
www.familysmart.ca/in-the-know