

# 'intheknow'

information + support

## The ADHD Brain: A User's Guide

### Join us for a Video Presentation

For many parents of children with Attention-Deficit-Hyperactivity-Disorder (ADHD), it can be challenging to know the best ways to support them during challenging times. In this presentation, we look at how the ADHD brain works and highlight some important things to know about this mental health challenge.

### Topic Presenters:

**Dr. Don Duncan, Clinical Director, Interior ADHD Clinic, Ministry of Children and Family Development**

**Tuesday April 16<sup>th</sup>, 2019**

**6:30pm – 8:30pm**

Lake Trail Middle School  
805 Willemar Ave  
Courtenay, BC

**FREE OF CHARGE**

Please RSVP by email [wendy.safruk@familysmart.ca](mailto:wendy.safruk@familysmart.ca)



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:

[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.