

‘intheknow’

information + support

The Four Step C.A.R.E. Model of Conflict Management for Parents and Caregivers Raising (and Loving) Chronic Conflict Children

Join us for a Video Presentation

When conflicts with children become a constant reality, we can feel emotionally drained if we don't know how handle them. In this presentation, we highlight useful strategies for managing on-going and severe caregiver/child conflict, show how to safely de-escalate conflicts, and provide tips for resolving conflicts at home.

Topic Presenters:

Dr. Brenda McCreight, Therapist & Mediator

Tuesday May 21st , 2019

6:00pm – 7:30pm

Lake Trail Middle School
805 Willemar Ave
Courtenay, BC



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

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The in person viewing also provides an opportunity for supported conversations.

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Please RSVP by email wendy.safruik@familysmart.ca



what is the
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