

‘intheknow’

information + support

“Marijuana and How it Relates to Mental Health: A Discussion for Parents and Caregivers of Youth”

Join us for an In-Person Presentation

This presentation will discuss marijuana and how it relates to mental health including anxiety, depression, psychosis. The presenters will describe the changing landscape of marijuana with legalization and offer tips for how to help youth cope with stressors in ways other than substance use.

Topic Presenters:

Dr. Carol-Ann Saari, Psychiatrist &
Cindy Lozza, Counsellor

Wednesday May 15th, 2019

6:00pm – 8:00pm

Foundry Victoria
818 Douglas Rd, Victoria BC

FREE OF CHARGE

Please RSVP by or by email: lisa.tate@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.