

‘intheknow’

information + support

Parenting Through ADHD

Join us for an In-Person Presentation

Increasing our awareness and understanding of ADHD can help to improve interactions and outcomes for children, youth and families who live with ADHD. We invite you to join us for a lively and relevant discussion about what ADHD it is and isn't and to engage in dialogue to explore how youth with ADHD can thrive. Through sharing experiences, design strategies and exploring new ways of doing things, our speaker will reveal how youth with ADHD can get better results from their efforts and perform to their potential.

Topic Presenters:

Evonne Dolphin, ADHD Coach

Wednesday April 10th, 2019

6:30 pm – 8:30 pm

Foundry Youth Lounge
1815 Kirschner
Kelowna, BC V1Y 5M6

FREE OF CHARGE

Please RSVP by email: lori.raible@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.