

'intheknow'

information + support

A Celebration of the Adolescent Brain

Join us for a Video Presentation

Adolescence is a time of changing attitudes, behaviours and emotions for children and youth. This presentation looks at understanding the reasons why these brain-related changes occurring, how it influences personality changes, and what parents can do about it to support their kids.

Topic Presenters:

Dr. Carol-Ann Saari, Child and Adolescent Psychiatrist

Wednesday May 22nd, 2019

6:30 pm – 8:30 pm

Foundry Youth Lounge
1815 Kirschner
Kelowna, BC V1Y 5M6

FREE OF CHARGE

Please RSVP by email: lori.raible@familysmart.ca



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:
www.familysmart.ca/in-the-know

In person at community sites:
www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.