

# ‘intheknow’

information + support

## “The Lure of Screens: The Impact on Our Kid’s Mental Health”

### Join us for an In-person presentation:

In this presentation, we will learn about video games/smartphones and our relationship to these devices. Additionally, the impacts and consequences of overusing the devices and finally, tips and strategies for how to support children in developing healthy relationships to video games and smartphones. A special focus will be placed on kids who face mental health challenges and how their relationships develop with video games and electronics.

### Topic Presenter:

Adam Hall

BC Responsible, Problem Gambling, & Video Gaming Program

**Tuesday June 18<sup>th</sup>, 2019**

**6:30 pm – 8:30 pm**

New Westminister Children’s Centre (Boardroom)  
811 Royal Avenue  
New Westminister, BC

**FREE OF CHARGE**

Please RSVP by email: [graeme.partridge-david@familysmart.ca](mailto:graeme.partridge-david@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:

[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.