

‘intheknow’

information + support

“Self-Harm in Young People”

Join us for a Video Presentation

The topic of self-harm is often really challenging to talk about, especially when thinking about self-harm from the outlook of a teenager. This presentation looks at some reasons why teenagers self-harm, what parents can do during these challenging times, and share resources to offer support to families in need.

Topic Presenters:

Klaus Klein, Registered Clinical Counsellor, Satir Institute of the Pacific

Tuesday June 18th, 2019
6:30pm – 8:30pm

Columbus Community Centre
7201 Domano Blvd
Prince George, BC V2L 4S2

FREE OF CHARGE

Please RSVP by email: kathy.buhler@familysmart.ca



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:

www.familysmart.ca/in-the-know

In person at community sites:

www.familysmart.ca/events/

The in person viewing also provides an opportunity for supported conversations.