

'intheknow'

information + support

Erupting Angst: Understanding the collision between anger & aggression in the world of anxiety

This webinar and workshop will seek to provide an understanding of the reasons why anger and aggression often become the challenging mask behind which anxiety hides.

Thursday, December 6, 2018
6:30pm – 8:00pm

Child & Adolescent Program
200 – 6100 Bowling Green Road
Richmond, BC

Please ring bell for entry into building

FREE OF CHARGE

To secure your spot please RSVP by phone or email to:
jamie.agtarap@familysmart.ca / 604.878.3400



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth. The in person viewing also provides an opportunity for supported conversations between families and/or service providers.

Participating can happen either in person at various community sites or online at:
www.familysmart.ca/in-the-know