

Youth in Residence (YiR) - Kelty Mental Health Resource Centre

Who we are

FamilySmart® is an independent charity that works to **improve the experience and quality** of services, information and support for children and youth with mental health challenges, and for their families or the caring adults in their lives.

Lived experience is the foundation of all of FamilySmart® service offerings. When young people are struggling with their mental health, they – along with their families or the caring adults in their lives - need people with lived experience to come alongside them to listen to them, to care, to know and to understand what it's like for them and assist them in getting quality services, information and support. **The FamilySmart®'s Parent-in-Residence (PiR) and Youth-in-Residence (YiR) are those people.**

The FamilySmart® YiR at the Kelty Centre is a young adult who has their own lived experience with a mental health and/or substance use challenge and who utilizes their experience and knowledge to provide support, resources, system navigation, mentoring and education to other youth, their families and service providers who contact the Kelty Mental Health Resource Centre.

What you'll do with our team

- Provide on-site support to youth, families and professionals through email, by phone or in person at the Kelty Mental Health Resource Centre at BC Children's Hospital.
- Work alongside other members of our FamilySmart® team at the Kelty Centre, which includes PiRs and another YiR.
- Answer emails and talk on the phone with families and youth from across the province who are looking for someone to listen to them and to make suggestions about resources and services that might help.
- Talk and/or email with parents/caring adults who are concerned for their child/youth and are looking to get some perspective and understanding about what their child is going through and how they can best support them.
- Talk and/or email with youth who may be needing reassurance around accessing services or looking for suggestions around what might help them with their mental health challenges.
- Talk and/or email with school professionals and health care providers about services and supports that they can consider referring the children, youth and families they are working with.
- Support the Promotion Activities of the Kelty Centre, as requested by the Kelty Managers
- Review Kelty Centre Resources
- Develop and complete Project Work, such as the Kelty Youth Ambassadors.
- Complete daily reporting requirements for the Kelty Centre and monthly reporting for FamilySmart®.
- Participate in monthly meetings with FamilySmart®, the Kelty Centre Managers, Pro-D and Annual Retreats.

Things We'll Love about You

- You have a high degree of self-awareness
- You have the ability to apply appropriate boundaries
- You can maintain confidentiality
- You know how to establish and maintain rapport with youth and families
- You have strong relationship building skills
- You are willing to share what you know and to continue learning with and from others
- You practice self-care and seek or accept help when needed
- You will do your best to assume good intentions of your co-workers
- You are organized and have a strong work ethic
- You are able to raise concerns or suggestions in a way that enables greater outcomes
- You are empathetic and compassionate towards others
- You have a broad knowledge of mental health and community resources and supports
- You are reliable and punctual for shifts and meetings
- You have a positive attitude
- You have the ability to work independently and show initiative, as well as be part of an inter-disciplinary team
- You have the ability to work with diverse populations and to recognize and respond appropriately to the needs of adolescents and families
- Basic computer skills: experience with Microsoft Office, Adobe, Excel, Gmail

Other Requirements:

- Available Tuesdays and Thursdays 9:30am – 5pm + 2 YiR overlap shifts per month
- Successful candidates must pass a Criminal Records Check
- Orientation and Training Period prior to starting work at the Kelty Centre

Compensation & Hours

Hourly rate: \$20 hour

Hours/month: Part-time 14 to 21 hrs per week

Please send resume and cover letter to Robin Brown, Manager, Human Resources at robin.brown@familysmart.ca

www.familysmart.ca

We thank all applicants, however, only those selected for an interview will be contacted.

The Institute of Families is an Equal Opportunity employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.