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## **Parent in Residence (PiR) - Abbotsford Part-Time**

### **Position Summary**

The Parent in Residence (PiR) is a trained and knowledgeable parent who utilizes their own lived experience with a child, youth or young adult with a mental health and/or substance use challenge to provide support, resources, system navigation, mentoring and education to other parents, families and service providers as requested and within capacity. A second significant function of this role is to bring families and systems together to enhance child and youth mental health services and find solutions where challenges may exist. This role is part of the FamilySmart® Parent in Residence Program and team throughout B.C.

### **What You'll Do at Our Organization**

- Provide community outreach to parents and families to provide support, guidance and mentorship in the areas of information, navigation, resources and advocacy so that families may become engaged and skilled in supporting the mental health of their child or youth
- Work collaboratively with community and hospital-based child & youth mental health teams, and mental health services to build relationships between youth, families and systems
- Work in close collaboration with other community partners to provide evidence-based information, resources and referrals
- Work closely with systems to enhance the awareness of the needs of youth and families and to identify solutions to issues
- Promote and lead the “in the know” monthly support/education group in the community for parents and professionals
- Conduct parent, family and service provider information workshops or presentations
- Maintain a list of parent contacts and community resources
- Submit monthly reports as required
- Participate in monthly PiR team meetings
- Participate in monthly Institute Full Staff meetings/teleconferences
- Participate in team learning & development sessions as required

### **Qualifications: *Knowledge, skills and abilities***

- Direct experience as a parent or caregiver of a child, youth or young adult with mental health challenges and/or a parent or caregiver who has professional experience in working with children, youth or young adults with mental health challenges and their families
- High degree of self-awareness and capacity to apply appropriate boundaries and maintain confidentiality
- Strong relationship building skills
- Empathetic, compassionate, good listening skills and creative thinker
- Ability to understand and follow a process for sharing issues and being part of solutions



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- Broad knowledge of mental health and community resources, and supports
- Demonstrated organizational and time management skills, accountability, reliability and punctuality
- Excellent planning and coordination skills with ability to multi-task
- Strong written and interpersonal communication skills
- Self-starter with a positive attitude and willingness to work flexible hours
- Ability to work independently and show initiative as well as part of an inter-disciplinary team
- Ability to facilitate meetings and comfortable with public speaking
- Good command of the English language
- Knowledge of and acceptance of the diversity of the BC population
- Proficiency in the use of computers for word processing, simple accounting, databases, spreadsheets

**Other Requirements:**

- Weekend & evening work may be required
- Successful candidates must pass a Criminal Record Check
- Ability to work remotely from a home office

**Compensation & Hours**

Hourly rate: \$20 hour

Hours/month: Part-time 40 hrs/month

Please send resume and cover letter to Robin Brown, Manager, Human Resources at [robin.brown@familysmart.ca](mailto:robin.brown@familysmart.ca)

*\*Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made.*

We thank all applicants, however, only those selected for an interview will be contacted.

The Institute of Families is an Equal Opportunity employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.