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Parent in Residence
Kelty Mental Health Resource Centre
Part-time

Position Summary

The Parent in Residence (PiR) is a trained and knowledgeable parent who utilizes their own lived experience with a child, youth or young adult with a mental health and/or substance use challenge to provide support, resources, system navigation, mentoring and education to other parents, families and service providers as requested and within capacity. A second significant function of this role is to bring families and systems together to enhance child and youth mental health services and find solutions where challenges may exist.

The Parent in Residence (PiR) at the Kelty Mental Health Resource Centre assists families of children, youth and young adults with mental health and substance use challenges by offering support, navigation and information to help them find the support they need and also provides resources to service providers calling or visiting the Centre.

What You'll Do at Our Organization

- Provide on-site support to youth, families and professionals through email, by phone or in person at the Kelty Mental Health Resource Centre at BCCH.
- Provide support, guidance and mentorship in the areas of information, navigation and resources so that families and youth may become engaged and skilled in managing mental health challenges and maintaining mental health and wellness
- Work collaboratively with community and hospital-based child & youth mental health teams, and mental health services in Health Authorities to build relationships between youth, families and systems
- Work in close collaboration with the Mental Health Literacy Team at The Kelty Mental Health Resource Centre at BCCH to provide evidence-based information, resources, referrals and to support various provincial projects
- Work closely with systems to enhance the awareness of the needs of youth and families and to identify solutions to issues
- Submit monthly reports as required
- Participate in monthly team meetings
- Participate in monthly Institute Full Staff meetings/teleconferences
- Participate in team learning & development sessions as required

Qualifications: *Knowledge, skills and abilities*

- **Direct experience as a parent or caregiver of a child, youth or young adult with mental health challenges**



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- High degree of self-awareness and capacity to apply appropriate boundaries and maintain confidentiality
- First-hand knowledge and understanding of community and provincial resources
- Strong relationship building skills
- Flexibility and interest in supporting families and caregivers in a variety of communities and settings
- Empathetic, compassionate, good listening skills and creative thinker
- Ability to understand and follow a process for sharing issues and being part of solutions
- Broad knowledge of mental health and community resources, and supports
- Demonstrated organizational and time management skills, accountability, reliability and punctuality
- Excellent planning and coordination skills with ability to multi-task
- Strong written and interpersonal communication skills
- Self-starter with a positive attitude and willingness to work flexible hours and in various settings
- Ability to work independently and show initiative as well as part of an inter-disciplinary team
- Ability to facilitate meetings and comfortable with public speaking
- Good command of the English language
- Knowledge of and acceptance of the diversity of the BC population
- Proficiency in the use of computers for word processing, simple accounting, databases, spreadsheets

Other Requirements:

- Availability to work part-time weekdays from 9:30 am to 5 pm
- Successful candidates must pass a Criminal Record Check

Compensation & Hours

Hourly rate: \$20/hour

Hours/month: Part-time 14 hours/week + additional hours for monthly staff meetings

Please send resume and cover letter to Robin Brown, Manager, Human Resources at robin.brown@familysmart.ca

**Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made*

****We thank all applicants, however, only those selected for an interview will be contacted.**

The Institute of Families is an Equal Opportunity employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.



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