

## FamilySmart<sup>®</sup> Parent in Residence – CASA (Edmonton, Alberta)

### Who we are

FamilySmart<sup>®</sup> is an independent charity that works to improve the experience and quality of services, information and support for children and youth with mental health challenges, and for their families or the caring adults in their lives.

Lived experience is the foundation of all of FamilySmart<sup>®</sup> service offerings. When young people are struggling with their mental health, they – along with their families or the caring adults in their lives - need people with lived experience to come alongside them to listen to them, to care, to know and to understand what it's like for them and assist them in getting quality services, information and support. The FamilySmart<sup>®</sup>'s Parent-in-Residence (PiR) and Youth-in-Residence (YiR) are those people.

Joining our team is an opportunity to collaborate with committed and compassionate colleagues who represent diverse backgrounds and experiences as we work together to make a measurable impact for children and youth with mental health challenges.

We are excited to be partnering with CASA to bring the FamilySmart<sup>®</sup> PiR/YiR and FamilySmart<sup>®</sup> Practice Programs to CASA.

### Position Summary

***We are seeking 2 part-time Parent in Residences to work at CASA Centre in Edmonton.*** The Parent in Residence (PiR) is a trained and knowledgeable parent who utilizes their own lived experience with a child or youth with a mental health challenge to provide support, resources, system navigation, mentoring and education to other parents, families and service providers as requested and within capacity. The Parent in Residence (PiR) at CASA will connect with and assist families of children and youth and offer support, navigation and information to help them find the support they need.

### What You'll Do with our Team

- Provide on-site support to CASA families and caregivers through email, by phone or in person at CASA Centre.
- Provide support, guidance and mentorship in the areas of information, navigation and resources so that families may become engaged and skilled in managing mental health challenges and maintaining mental health and wellness
- Work collaboratively with CASA teams, to build relationships between children, youth, families and CASA Clinical Staff.
- Working together to enhance the awareness of the needs of children, youth and families and to identify solutions to issues
- Participate as a CASA team member and attend team meetings

- Complete required data collection that supports best practice and emerging trends on CASA and share these with the leadership at CASA and FamilySmart
- Complete monthly reports
- Participate in 2 monthly meetings with FamilySmart
- Participate in team learning & development sessions as required

**Things we'll love about you:** *Knowledge, skills and abilities*

- You have direct experience as a parent or caregiver of a child or youth ~~or young adult~~ with mental health challenges
- You have first-hand knowledge and understanding of CASA and community resources
- You have a high degree of self-awareness
- You have the ability to apply appropriate boundaries
- You can maintain confidentiality
- You know how to establish and maintain rapport with families and caregivers
- You have strong relationship building skills
- You are willing to share what you know and to continue learning with and from others
- You will do your best to assume good intentions of your co-workers
- You are able to raise concerns or suggestions in a way that enables greater outcomes
- You are empathetic and compassionate towards others
- You practice self-care and seek or accept help when needed
- You are organized and have a strong work ethic
- You are reliable and punctual for shifts and meetings
- You have strong written and interpersonal communication skills
- You have a positive attitude
- You have the ability to work with diverse populations

**Other Requirements:**

- Available to work part-time on weekdays.
- Successful candidates must pass a Criminal Record Check and a Child Intervention Check
- Orientation and Training period prior to starting work at CASA Centre

Hourly rate: \$21- \$23/hour

Please send resume and cover letter to Robin Brown, Manager, Human Resources at [robin.brown@familysmart.ca](mailto:robin.brown@familysmart.ca)

\*Please note that the assessment of applicants will be made on an ongoing basis and continue until a hire is made.

We thank all applicants, however, only those selected for an interview will be contacted. FamilySmart® is an Equal Opportunity Employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.