



CITY OF KELOWNA

Proclamation

Familysmart.ca
Child & Youth Mental Health Day
May 7, 2019

- WHEREAS** good mental health is a key component in a child's overall healthy development and Child & Youth Mental Health Day provides the opportunity to focus on this, and encourage caring, connected relationships; and
- WHEREAS** an estimated 1.2 million children and youth in Canada are affected by mental illness, yet less than 20% will receive appropriate treatment; and
- WHEREAS** research has shown early identification and appropriate care of mental health challenges among children and youth provide better outcomes; and
- WHEREAS** this year's theme is "I care about the whole you"; May 7th is about having caring conversations and making connections between children, youth and caring adults in their lives; and
- WHEREAS** caring connections enhance the mental health of children and youth and are part of their overall health; we invite everyone to help foster well-being and caring, connected relationships with a child and youth in their lives by asking them what they already do or could do to take care of their heart, mind and body;
- THEREFORE** I, Colin Basran, as Mayor of the City of Kelowna, do hereby proclaim May 7, 2019 as

Child & Youth Mental Health Day
In the City of Kelowna, Province of British Columbia

Colin Basran
MAYOR

APRIL 25, 2019

Dated on this day

