

Parent in Residence (PiR) - Vancouver

Who We Are

FamilySmart® is a national non-profit that works to improve the experience and quality of services, information and support for children and youth with mental health challenges, and for their families or the caring adults in their lives.

Position Summary

The FamilySmart® PiR is a parent and/or caring adult who has their own lived experience parenting a child or youth with a mental health challenge. Lived experience is the foundation of all of FamilySmart® service offerings. When young people are struggling with their mental health, they – along with their families or the caring adults in their lives – are helped when people with lived experience come alongside them to listen, to care, to know and to understand what it's like for them and assist them in getting quality services, information and support. The PiR utilizes their lived experience and knowledge to provide support, education, mentoring, resources, and system navigation to other families in the Vancouver community. This role is part of the FamilySmart® Parent in Residence Program and team throughout B.C. and in Edmonton.

What You'll Do with Our Team

- Draw on your own experience of parenting a child/youth living with a mental health challenge, to support other families in Vancouver by coming alongside them through email, by phone, or in person
- Assist families and caring adults to articulate what they need and help focus on their strengths
- Email, talk on the phone, or meet in-person with families who are looking for someone to listen to them and offer suggestions about resources and services that might be helpful
- Support families to work well with the professionals who are providing services to their child/youth
- Support families to prepare for meetings and debrief with them, as they request, and within hours of role
- Host and facilitate FamilySmart's monthly In the Know – a monthly information and support opportunity for families in Vancouver
- Regular participation in VCH's Child & Youth Mental Health Services Drop-In Parenting Groups (multi-locations)
- Connect with VCH Child & Adolescent Response Team (CART) for bridging with families
- Provide reminders to CYMH Teams about services you offer
- Promote the PiR/YiR Program in Vancouver through presentations with community partners and occasionally attending resource fairs
- Work closely with the FamilySmart® Practice Team and PiR/YiR team
- On-going learning and development so we can offer families our best
- Complete monthly reporting and time tracking requirements for FamilySmart®
- Participate in 3 monthly meetings with FamilySmart®, Pro-D days and Annual Retreats

Things We'll Love about You

- You have a high degree of self-awareness
- You have the ability to apply appropriate boundaries
- You can maintain confidentiality
- You know how to establish and maintain rapport with youth and families
- You have strong relationship building skills
- You are willing to share what you know and to continue learning with and from others
- You practice self-care and seek or accept help when needed
- You will do your best to assume good intentions of your co-workers
- You are organized and have a strong work ethic
- You are able to raise concerns or suggestions in a way that enables greater outcomes
- You are empathetic and compassionate towards others
- You have a broad knowledge of mental health and community resources and supports
- You are reliable and punctual for meetings
- You have a positive attitude
- You have the ability to work independently and show initiative
- You have the ability to work with diverse populations and to recognize and respond appropriately to the needs of adolescents and families
- Basic computer skills: experience with Microsoft Office, Adobe, Excel, Gmail

Other Requirements:

- Available to attend in-person Parent Group Meetings during the day time
- Weekend and evening work when required
- Successful candidates must pass a Criminal Records Check

Compensation & Hours

Hourly rate: \$20 hour

Hours/month: Part-time 40 hrs per month

Please send resume and cover letter to Robin Brown, Director, Human Resources at robin.brown@familysmart.ca

www.familysmart.ca

We thank all applicants, however, only those selected for an interview will be contacted.

The Institute of Families is an Equal Opportunity employer. Personnel are chosen on the basis of ability without regard to age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation and criminal conviction unrelated to employment.